

**“Volunteering with the MPS was one of my better decisions”**



**“I wanted community involvement and the challenge of a different environment”**



# MET

## VOLUNTEER PROGRAMME



**“As a blind person I feel I've been able to increase people's awareness of disability”**

**MET VOLUNTEERS GIVING SOMETHING BACK**

You don't need to be on the beat to make your community safer.

Whether you're on the phones or supporting your Safer Neighbourhood Team, every Met Volunteer makes a difference.

**“It's great to be able to be useful in my retirement years”**



**“A positive experience all round”**

To find out more call  
**0845 727 2212**  
or visit:  
[www.metpolicecareers.co.uk/volunteers](http://www.metpolicecareers.co.uk/volunteers)



Working together for a safer London

