



**“I believe the MVP is about the Met reaching out to the community”**

# MET

## VOLUNTEER PROGRAMME

**“I enjoy being a member of an excellent team doing an interesting role”**



### MET VOLUNTEERS GIVING SOMETHING BACK

You don't need to be on the beat to make your community safer.

Whether you're on the phones or supporting your Safer Neighbourhood Team, every Met Volunteer makes a difference.



**“I didn't realise that being retired could be so much fun”**



**“I'm proud to say I've motivated several others to volunteer too”**



**“It's a good feeling being needed again”**

To find out more call  
**0845 727 2212**  
or visit:  
[www.metpolicecareers.co.uk/volunteers](http://www.metpolicecareers.co.uk/volunteers)



**METROPOLITAN POLICE**

Working together for a safer London



**me+**  
VOLUNTEERS

